

Get on Target with Boccia



Boccia is a disability sport for people with disabilities. These fun sessions are open to all individuals with physical and learning disabilities. If you are looking to get more active and meet new friends, these sessions are for you!

Start date: Wednesday 22 November (weekly, term time)

Venue: Holyrood Sports Centre, Aitkenhead Road, Glasgow G42 0PD

Time: 6.00-7.00pm

Cost: Free

- All ages and abilities welcome
- No previous experience required
- Equipment will be provided

Contact

For more information contact Glasgow Sport

Tel: 0141 287 9802

Email: disabilitysport@glasgowlife.org.uk

